

MIDWEST ZONE DEVELOPMENT WATER POLO TEAMS
PLAYER CODE OF CONDUCT

It will be the responsibility of all Zone Team Athletes to comply with the following rules.

- A. Allow for proper rest and recovery during training and follow nutritional guidelines established for the team.
- B. Follow the instructions of the coaches at all times during training and competitions. Any discussions regarding playing time, substitution patterns or tactics will take place before or after training and competitions with the Head Coach.
- C. Refrain from negative comments about teammates, tactics, team programs and plans, room assignments or any other items that may be disruptive to team unity with other players.
- D. Players will be respectful of and follow the instructions of the Team Leader at all times, including following assignments for carrying equipment and assisting with other tasks that may be requested from time to time.
- E. Be respectful of and accept all decisions of the referee.
- F. Respectful of all personnel and facilities encountered by team on any trip and/or practice.
- G. Refrain for using tobacco or alcohol.
- H. Disciplinary Actions: Failure to follow each of the above Zone Team Athlete responsibilities may result in suspension or removal from the team at the athletes expense.

Date: _____

Signatures:

Athlete _____ Parent _____